




MARCH

Breakfast Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Regular Price: \$1.50 Reduced Price: 30 cents Milk: 35 cents	   <p><i>Be Smart. Get A Good Start</i></p>			1 Choice of: Breakfast Bun, Bagel w/Cream Cheese, Yogurt w/Granola, or Cereal
4 Choice of: Buttermilk Bar Bagel w/Cream Cheese, Yogurt w/Granola, or Cereal	5 Choice of: Cheesy Ham and Eggs, Bagel w/Cream Cheese, Yogurt w/Granola, or Cereal	6 Choice of: French Toast w/ Syrup, Bagel w/Cream Cheese, Yogurt w/Granola, or Cereal	7 Choice of: Benefit Bar, Bagel w/Cream Cheese, Yogurt w/Granola, or Cereal	8 Choice of: Biscuits and Gravy Bagel w/Cream Cheese, Yogurt w/Granola, or Cereal
11 Choice of: Banana or Blueberry Muffin Bagel w/Cream Cheese, Yogurt w/Granola, or Cereal	12 Choice of: Sausage Breakfast Pizza Bagel w/Cream Cheese, Yogurt w/Granola, or Cereal	13 Choice of: Berries n' Yogurt Parfait Bagel w/Cream Cheese, Yogurt w/Granola, or Cereal	14 Choice of: Pan Dulce Bagel w/Cream Cheese, Yogurt w/Granola, or Cereal	15 Choice of: Sausage & Cheese Frittata, Bagel w/Cream Cheese, Yogurt w/Granola, or Cereal
18 Choice of: Apple or Raspberry Churro Bagel w/Cream Cheese, Yogurt w/Granola, or Cereal	19 Choice of: Cheesy Egg & Bacon Scramble Bagel w/Cream Cheese, Yogurt w/Granola, or Cereal	20 Choice of: Waffles w/ Syrup, Bagel w/Cream Cheese, Yogurt w/Granola, or Cereal	21 Choice of: Breakfast Sandwich, Bagel w/Cream Cheese, Yogurt w/Granola, or Cereal	22 Choice of: Breakfast Bun, Bagel w/Cream Cheese, Yogurt w/Granola, or Cereal
25 Choice of: Buttermilk Bar Bagel w/Cream Cheese, Yogurt w/Granola, or Cereal	26 Choice of: Cheesy Ham and Eggs, Bagel w/Cream Cheese, Yogurt w/Granola, or Cereal	27 Choice of: French Toast w/ Syrup, Bagel w/Cream Cheese, Yogurt w/Granola, or Cereal	28 Choice of: Benefit Bar, Bagel w/Cream Cheese, Yogurt w/Granola, or Cereal	29 Choice of: Biscuits and Gravy Bagel w/Cream Cheese, Yogurt w/Granola, or Cereal

Offered daily with breakfast: 1% white milk or fat free chocolate milk, string cheese, fresh fruit, and 100% fruit juice. Students must choose 3 items including a fruit or juice to complete their meal. *Entrees count as two items.



North County Joint Union School District

Spring Grove School

MARCH

Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Regular Price: \$3.00 Reduced Price: 40 cents Milk: 35 cents</p>				<p>1 Domino's Pepperoni Pizza Celery Sticks, Peanut Butter, Caesar Salad, Applesauce Chocolate Chip Cookie</p>
<p>4 *Breakfast for Lunch* Mini Cinni Buns, Sausage, Tater Tots, Jicama Peach Cup</p>	<p>5 Chicken Nuggets Mashed Potatoes Hot Buttered Corn Pear</p>	<p>6 Street Taco Lettuce/Tomato/Cheese Goldfish Crackers Refried Beans, Italian Ice</p>	<p>7 Macaroni and Cheese Garlic Knot, Steamed Broccoli and Cauliflower Craisins</p>	<p>8 Domino's Hawaiian Pizza Cheesy Bites Tossed Salad w/Ranch Baby Carrots, Assorted Fruit</p>
<p>11 *Breakfast for Lunch* French Toast Sticks, Syrup Sausage, Tater Tots, Baby Carrots, Banana</p>	<p>12 Popcorn Chicken Curly Fries Green Beans Oranges</p>	<p>13 Nachos/with Cheese Sauce Refried Beans, Salsa Tossed Salad w/Ranch Strawberry Cup</p>	<p>14 Turkey and Ham Sub Sandwich Lettuce & Tomato, String Cheese Cucumber Spears, Raisins Sun Chips</p>	<p>15 Domino's Cheese Pizza Celery Sticks, Peanut Butter, Caesar Salad, Fresh Fruit Chocolate Chip Cookie</p>
<p>18 BBQ Pork Sandwich Seasoned Potato Wedges Tossed Salad Oranges</p>	<p>19 Teriyaki Chicken Rice Bowl Mixed Veggies, Edamame Apple Slices w/Peanut Butter Carnival Cookie</p>	<p>20 Beef & Cheese Tamale Southwest Corn Tossed Salad w/Ranch Mixed Berry Cup</p>	<p>21 Corn Dog Sweet Potato Fries Broccoli and Cauliflower, Apple, Snack Mix</p>	<p>22 Domino's Pepperoni Pizza Cheesy Bites Celery Sticks, Hummus Cup Caesar Salad, Ass'd Fruit</p>
<p>25 Cheeseburger Oven Baked Fries Lettuce and Tomato Pickles, Oranges</p>	<p>26 Crispy Chicken Drumstick Loaded Mashed Potatoes Peas and Carrots Applesauce, Garlic Knot</p>	<p>27 Bean and Cheese Burrito Spanish Rice, Tossed Salad Baby Carrots Apricot Cup</p>	<p>28 Grilled Cheese Sandwich Steamed Vegetables Fresh Edamame, Pears Cinnamon Goldfish</p>	<p>29 Domino's Hawaiian Pizza Cheesy Bites Tossed Salad w/Ranch Baby Carrots, Assorted Fruit</p>

1% White Milk and Fat Free Chocolate milk are offered with every meal! Milk is not required; however, student meals must include at least 3 food groups including at least one serving of a FRUIT OR VEGETABLE .

